



Le menu de la semaine

Lundi

Mardi

Mercredi

Jeudi

Vendredi

Samedi

Dimanche

La liste d'épicerie

Fruits et légumes

Viandes et poissons

Conserves, légumineuses, céréales

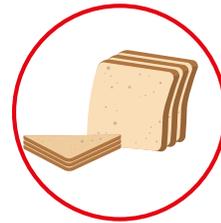
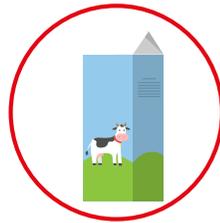
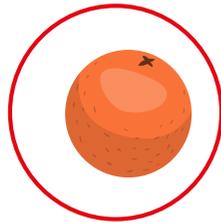
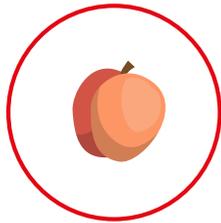
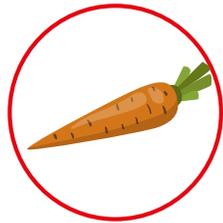
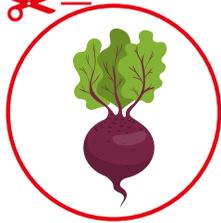
Produits laitiers

Condiments et épices

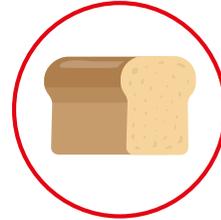
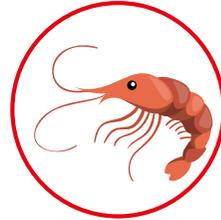
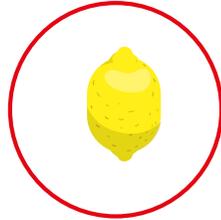
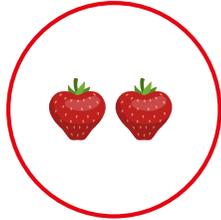
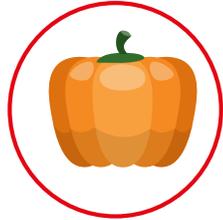
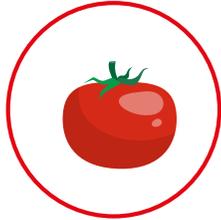
1 DÉCOUPER



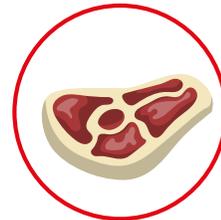
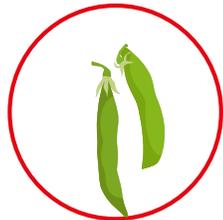
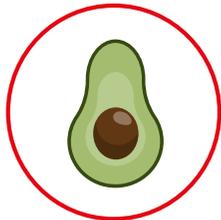
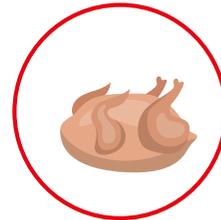
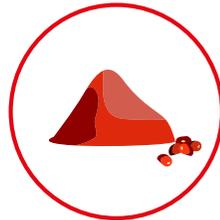
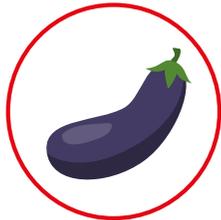
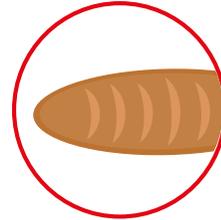
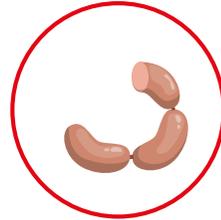
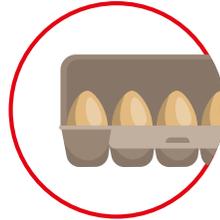
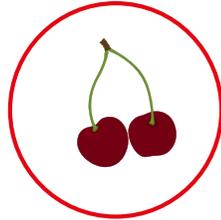
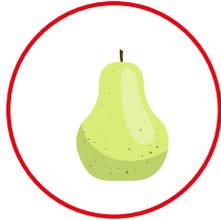
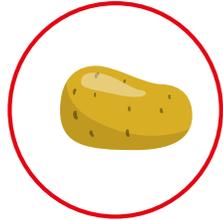
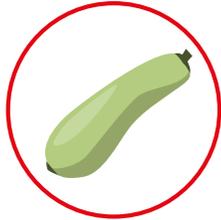
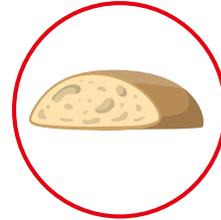
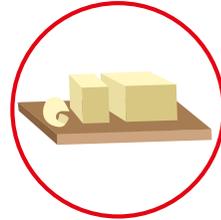
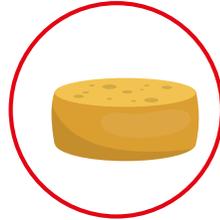
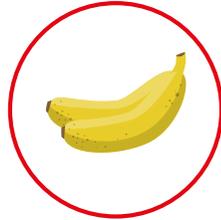
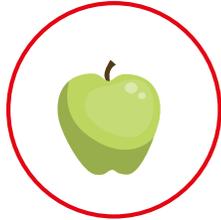
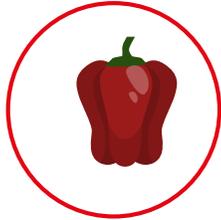
Maped



1. DÉCOUPER

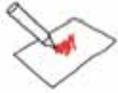


2. COLLER





1. COLORIER



2. DÉCOUPER



3. COLLER

