



Le menu de la semaine

Lundi

Mardi

Mercredi

Jeudi

Vendredi

Samedi

Dimanche

La liste d'épicerie

Fruits et légumes

Viandes et poissons

Conserves, légumineuses, céréales

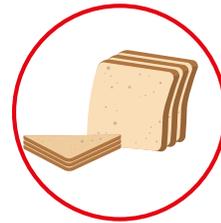
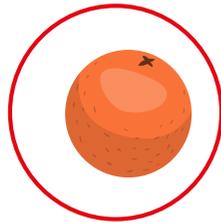
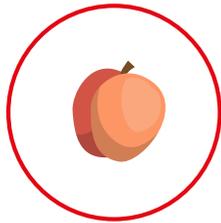
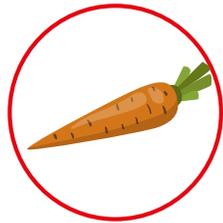
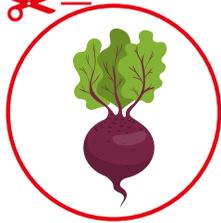
Produits laitiers

Condiments et épices

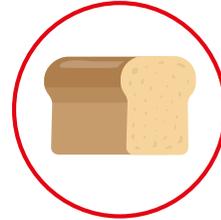
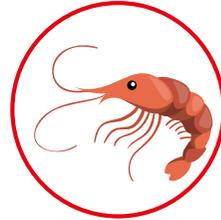
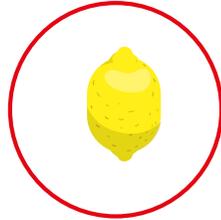
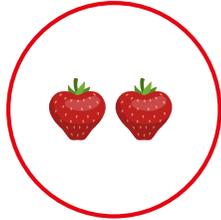
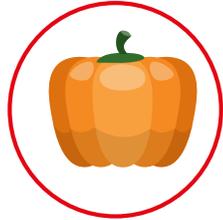
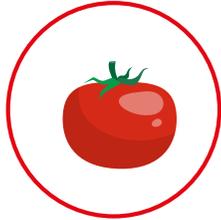
1 DÉCOUPER



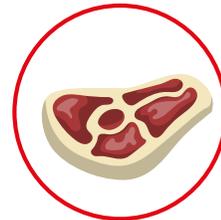
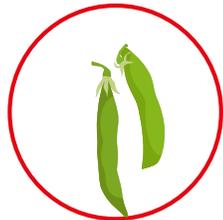
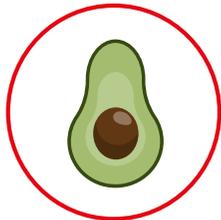
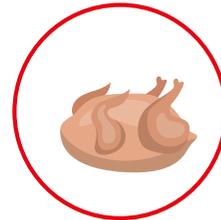
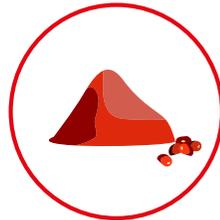
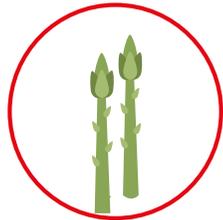
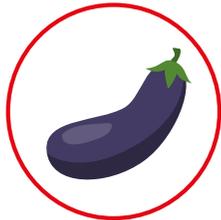
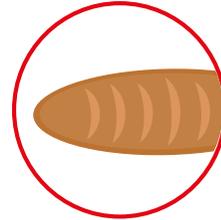
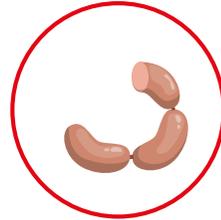
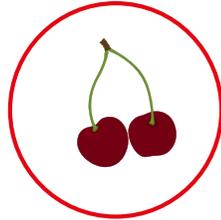
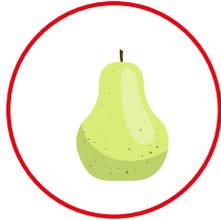
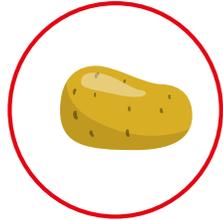
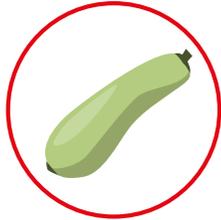
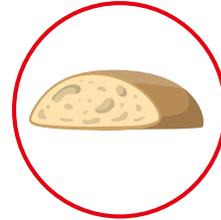
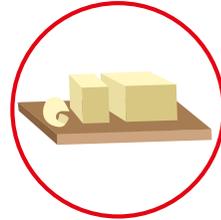
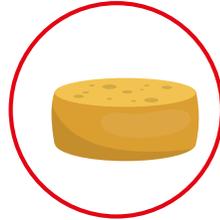
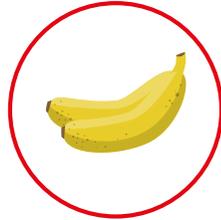
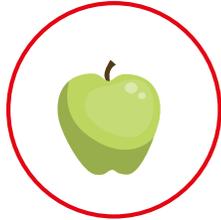
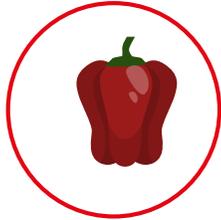
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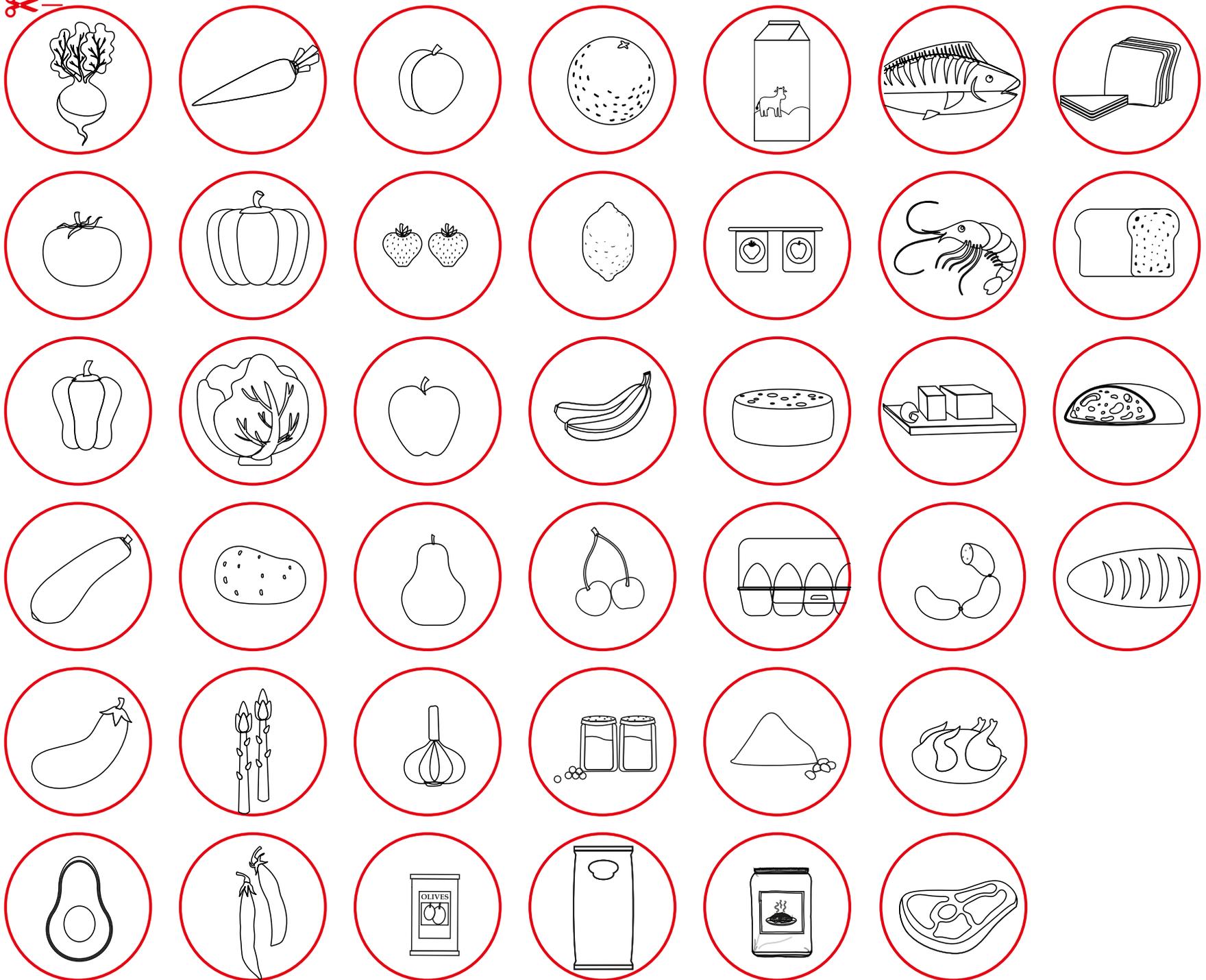


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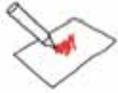


2. COLLER





1. COLORIER



2. DÉCOUPER



3. COLLER

